

THE FIVE ELIMINATION CHANNELS, THEIR IMPORTANCE AND BALANCE

“How the organism eliminates its bodily waste”

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Our organism possesses a purification and elimination system in order to maintain the inside hygiene. This system works throwing to the outside the final and undesirable (toxic) product from the organism, that is, all the material that wasn't assimilated (and useful) from the feeding and breathing.

This system is formed by five basic channels of elimination: Large Intestine, Skin, Urinary, Lymphatic System and Breathing System.

The basic channels are independent, and the balance among them is fundamental for our health. The burden and the bad operation of one or more channels reflects directly in the proper operation of the others.

The deficient elimination makes the blood that circulates intoxicated, and this, upon bathing more fragile areas, will be favorable for the toxic material assimilation by deficient cells, facilitating the formation of diseases. And it generates an imbalance in the organism.

When the elimination is balanced and adequate to the person's need, the toxic material accumulated in sensitive parts of the body is eliminated quickly, promoting the organic balance and activating the cellular renovation by stronger and healthier cells.